

Brandon Day Centre



Day care services
for adults



Welcome to Brandon Day Centre



Located close to the Town Centre of Brandon in Suffolk, Brandon Day Centre is a purpose-built facility. The local community funded the cost of the build.

At Brandon Day Centre, we support adults of all ages, including those with a physical disability or living with dementia, with enjoyable and stimulating day care within a safe and homely environment.

Customers who attend Brandon Day Centre will have the opportunity to have fun, socialise and take part in a wide range of activities, helping them to maintain skills whilst offering family carers a well-earned break.

Our service aims to help combat social isolation, promote independence and improve wellbeing.

Our team

Led by Day Care Services Manager, Laura Edgar, our team of professional care staff are fully trained in all aspects of personal care. They work closely with families, social workers, GPs, district nurses and home care agencies to maintain a high level of service and continuity of care.

Providing support to our care staff and customers are a team of minibus drivers, catering and domestic staff, as well as a dedicated team of volunteers.



Facilities



Brandon Day Centre is set in pleasant surroundings and offers a wide range of facilities, including a bright and spacious lounge/activity room, dining room, assisted bath with hoists for those finding it difficult to manage on their own, as well as meeting room facilities and garden.

What's available

- Free door-to-door transport if required
- Refreshments throughout the day
- Assisted bathing with hoists
- Stand-aid/hoists for wheelchair transfer
- Freshly prepared two-course hot and nutritious lunch
- Exercise and movement
- Live entertainment
- Therapeutic and social activities
- Free Wi-Fi internet access
- An enclosed garden/patio area
- A bi-monthly newsletter
- Raffles (donations always gratefully received)
- Free 'taster' day (lunch extra)
- Meeting room (available for hire)



Getting to know you

To ensure your day care experience is enjoyable, before your first visit, we like to arrange a face-to-face or telephone assessment, where we can have a chat to help us understand your needs and interests, give you a chance to ask any questions, or share any concerns you may have that we should be aware of.

Your first visit

Your first visit is a free 'taster' day, so all you will need to bring with you is some money for your lunch. This free day gives you a chance to experience first-hand what we do at the day centre and to meet new friends.

Getting to and from Brandon Day Centre



Funded by Brandon Community Association through their Charity Shop and supported by the local community, we have two specially adapted and fully accessible minibuses.

We offer a free door-to-door transport service for those living in Brandon and the surrounding area, who have no other means of getting to the centre.

All journeys using our minibuses to and from the centre are escorted by a member of the care team.

We can also signpost you to local taxi companies and community transport providers upon request.



A typical day

The day starts with a warm and friendly welcome and tea/coffee and biscuits.

Activities are always fun. We have a varied programme offering a choice of morning activity such as dance and movement, arts and crafts, puzzles and quizzes (depending on your interests), as well as an opportunity to socialise with other customers, staff and volunteers.

Staff are always on hand if you need help with personal care, and if you wish, you can enjoy a nice relaxing bath and hair wash in our specially adapted bath.

You can enjoy a varied menu, offering a choice of nutritious two-course lunch, freshly prepared by our onsite team who can cater for any special dietary requirements, including gluten-free, pureed and diabetic.

After lunch, you can listen to the entertainment or join in fun group activities such as 'New Age Kurling' and 'Bowls', followed by a nice cup of tea and a slice of cake before home time.



What our customers have to say



"I come to the day centre twice a week which gives my husband the opportunity to do something that he is interested in without having to worry about me. I've always been a creative person and enjoy knitting and sewing, so the arts and crafts sessions are perfect for me. I enjoy the company and the staff are very friendly and helpful."

"I live in Lakenheath and my wife brings me twice a week. It provides a break for both of us and if I didn't come here, I would just be sitting at home. The staff look after me and it's nice to see different people and join in the activities. The food is very nice too."



"I have been coming twice a week since lockdown. I live on my own, so the day centre gives me the company I need. I tend to fall and wouldn't be able to leave the house if it wasn't for the minibus coming to pick me up. Whatever the day brings, I am happy to do. The staff are very nice and I enjoy the food."

"The thing I like most is the company. If I didn't come here, I would be on my own. I like to meet people and enjoy the activities on offer, particularly the quizzes as they keep my brain going. The staff are very good to me and if I could, I would come here all the time."



Providing independence with care

- We will treat you as an individual.
- We will support you to keep your independence and maintain your dignity.
- For your protection, our staff and volunteers will continue to use PPE and follow a strict cleaning regime at the centre.
- We will take personal responsibility to uphold the Empanda Values – accountability, commitment, compassion and integrity.

A friendly place to meet

We host a free *Coffee and Friends* event every Monday morning at the centre. Formerly known as *Meet up Mondays*, this event, organised by volunteer Lorraine, provides an opportunity for people who are isolated and want to make new friends to meet up and enjoy a chat over a free cuppa and biscuits.



Also included in the building is a fully accessible and flexible meeting space which is available for hire to local groups and businesses. Prices are available upon request.

Keeping Brandon Day Centre sustainable

We continue working with staff, partners, supporters and the local community to explore ways to improve our service offer to help keep the centre a valuable and sustainable resource for the people of Brandon and the wider community.



Opening Times

Brandon Day Centre is currently open four days a week (Monday/Tuesday/Thursday/Friday) excluding Bank Holidays.

Next steps

We offer a variety of packages, so if you'd like to spend the day with us, or simply come in and enjoy a nice relaxing bath, there's bound to be something to suit your needs. Prices are available on request.

You or your carer can apply direct, and we accept referrals from Norfolk and Suffolk Adult Social Care Teams, GPs, healthcare professionals and other agencies.

For more information, or if you, a relative or friend would like to join us at Brandon Day Centre, why not give us a call to arrange an assessment and free taster day so you can experience first-hand what we do. We would love to hear from you.

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