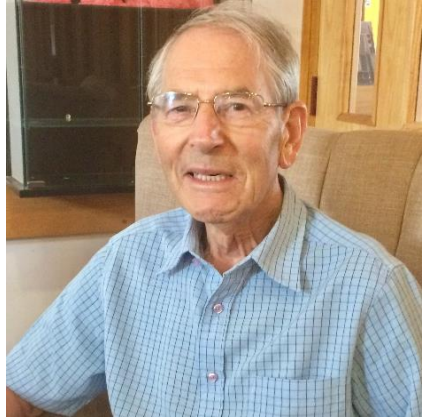


Brandon Day Centre



Welcome to Brandon Day Centre



Located close to the Town Centre of Brandon in Suffolk, Brandon Day Centre is a purpose-built facility, funded by the local community.



At Brandon Day Centre, we support older and physically frail people, including those living with dementia, with enjoyable, therapeutic day care within a safe and secure environment whilst giving family carers a well-earned break.

Our team of professional and friendly care staff are fully trained in care and support provision.

Facilities

Brandon Day Centre is set in pleasant surroundings and offers a wide range of facilities, including a bright and spacious lounge/activity room with dining area, assisted bath with hoists, specially designed for those finding it difficult to manage on their own, hairdressing salon, cinema/meeting room and café.



Providing independence with care

- We will treat you as an individual.
- We will support you to keep your independence and maintain your dignity.

Getting to know you

To ensure your day care experience is enjoyable, before your first visit, we like to arrange a home visit where we come and have a chat to help us understand your needs and interests, give you a chance to ask any questions or share any concerns you may have that we should be aware of.

Your first visit

Your first visit is a free 'taster' day, so all you will need to bring with you is some money for your lunch. This free day gives you a chance to experience first-hand what we do at the Day Centre and to meet new friends.

Getting to and from Brandon Day Centre



Funded by the local community, we have two specially adapted and fully accessible minibuses.

We offer a free door-to-door transport service for those living within an eight-mile radius but for those living further afield, we may be able to offer transport on specific days.

The minibuses are also used for occasional outings and trips to the coast and local places of interest.

Services and facilities available

- Free door-to-door transport
- Assisted bathing with hoists
- Stand-aid/hoists for wheelchair transfer
- Freshly prepared two-course hot and nutritious lunch
- Live entertainment
- Therapeutic and social activities
- Cinema/meeting room
- Hairdressing *
- Chiropody (private practice) *
- Free Wi-Fi internet access
- An enclosed garden/patio area
- Help with arranging medical appointments or finding support groups to help with your everyday needs
- A monthly newsletter
- Day Centre members' committee
- Free 'taster' day (lunch extra)

* *By appointment, subject to availability*



A typical day

Our minibus driver and escort will normally arrive at your home between 9.30am and 10.30am, depending on how many people are being picked up that day.



When you step off the bus, the day starts with a warm and friendly welcome and tea/coffee and biscuits.



There is always a choice of morning activity such as dance and movement, arts and crafts, puzzles and quizzes, depending on your interests, as well as an opportunity to socialise with other members, staff and volunteers.

Staff are always on hand if you need help with personal care, and if you wish, you can enjoy a nice relaxing bath in our specially adapted bath or have your hair cut or styled by our visiting hairdresser.



You can enjoy a choice of nutritious two-course lunch, freshly prepared by our team at Café 27, who can cater for special dietary requirements.

After lunch, you can spend some quiet time relaxing or reflecting, listen to the entertainment or join in group activities such as 'New Age Kurling' and 'Bowls' before having a cup of tea and a slice of cake before home time.

Our aspirations for the Centre

Our aspirations to grow and develop the Brandon facility into a sustainable and vibrant community space are already being realised.



Café 27 is open to the public (Monday to Friday), serving delicious snacks, cakes, real coffee and a variety of teas.

At Café 27, we also host a 'Meet up Mondays' group every Monday morning, where people who are isolated and want to meet people can enjoy a friendly chat over a free cuppa and biscuits.



We are working with staff, partners, supporters and the local community to continue exploring ways to expand and improve our service offer, including the Empanda Community Garden and 'Men's Shed' projects, to help make the Centre a valuable resource for the people of Brandon and the wider community.



What our customers have to say



"If I couldn't come to the day centre during the week and without the support of the staff, I would more than likely have been in a care home a long time ago."

Jim

"Life can be lonely on my own, so it makes a pleasant break to spend time here. I particularly enjoy making new friends."

Maud



"I come here every day. I enjoy it because it keeps me mobile. I have made some good friends and I like it when we have activities."

Keith

"We enjoy our visits to the Day Centre. It has a pleasant atmosphere and we enjoy meeting people and making new friends. Coming here gives us both a day out. Without it, we would just sit indoors, so it does us both good."

Gwen and Ken



"Coming to the day centre means everything to me. I enjoy seeing my friends and it gives my wife a well-earned break knowing I am safe and happy."

Patrick

Next steps

We offer a variety of packages, so whether you would like to spend a whole or half day with us, join us for lunch or come in and enjoy a nice, relaxing bath, there's bound to be something to suit your needs. Prices are available on request.

You or your carer can apply direct and we accept referrals from Norfolk and Suffolk Adult Social Care Teams, GPs, healthcare professionals and other agencies.

If you'd like more information, or if you, a relative or friend would like to become a Brandon Day Centre member, why not take advantage of a free taster day so you can experience first-hand what we do. Alternatively, you can pop in for a chat or give us a call. We would love to hear from you.

Day Centre Manager
Brandon Day Centre
Warren Close
Brandon
Suffolk
IP27 0EE

Tel: **01842 819777**
Email: **daycare@empanda.org.uk**
Web: **www.empanda.org.uk**



Empanda Care & Support Ltd CIC

Registered Office:

Saracens House
25 St Margaret's Green
Ipswich, Suffolk IP4 2BN

Tel: 01603 552102

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