

## Our aspirations for the Centre

Our aspirations to grow and develop the Brandon facility into a sustainable and vibrant community space are already being realised.

Café 27 is now open to the public (Mon to Fri), serving delicious snacks, cakes, real coffee and a variety of teas. The café is also a 'Meet up Monday' venue, offering a free cuppa and biscuits to those who are isolated and want to meet people and make new friends.

We are working with staff, partners, supporters and the local community to continue exploring ways to expand and improve our service offer, including the Empanda Community Garden and 'Men's Shed' projects, to help make the Centre a valuable resource for the people of Brandon and the wider community.

## Contact us

If you would like more information about the services we offer at the Brandon Day Centre, or if you, a relative or a friend would like to attend the Centre and use the facilities we have on offer, why not pop in for a chat, or give us a call. We would love to hear from you.

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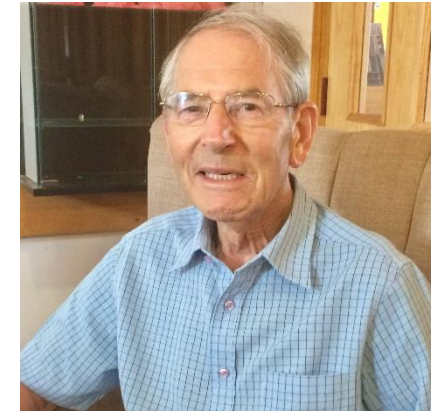
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# Brandon Day Centre



## Welcome to Brandon Day Centre

Located close to the Town Centre of Brandon in Suffolk, the Brandon Day Centre is a purpose-built facility, funded by the local community.

At the Brandon Day Centre, we support older people and those with physical and mental health needs, including those living with dementia, with enjoyable, therapeutic day care within a safe, secure environment. We have a team of professional care staff who are fully trained in care and support provision.

Facilities include a spacious lounge/activity room with dining area, café, hairdressing salon, assisted bathroom and meeting room facilities.

We offer a free door-to-door transport service for those living within an eight-mile radius but for those living further afield, we may be able to offer transport on specific days.

Our day centre members' committee decide how amenity funds are spent, for example, for trips, outside entertainment or new equipment.

## Providing independence with care

- We will treat you as an individual.
- We will support you to keep your independence and maintain your dignity.
- If you'd like to meet new people, take part in activities, enjoy a hot lunch, learn new skills and reminisce about old times, then join us at the Centre.



*"Life can be lonely on my own, so it makes a pleasant break to spend time here. I particularly enjoy making new friends."*

**Maud**

## What you can expect from the service

We offer a variety of packages, so whether you would like to spend a whole or half day with us, join us for lunch, or come in and enjoy a nice, relaxing bath specially designed for people who find it difficult to manage on their own, there's bound to be something to suit your needs.

## Sample daytime programme

Opening times: Monday to Friday 10.00am – 4.00pm

- A warm and friendly welcome followed by coffee and biscuits.
- A choice of activities and social interaction.
- A varied, freshly prepared hot lunch and sweet, with provision for special dietary requirements.
- Quiet time to relax and reflect.
- Exercises and afternoon activities.
- Tea and cake.

*"If I couldn't come to the day centre during the week and without the support of the staff, I would more than likely have been in a care home a long time ago."*

**Jim**



## Services and facilities available

- Assisted bathing with hoists.
- Two-course hot lunch.
- Entertainment.
- Therapeutic and social activities.
- Hairdressing \*
- Chiropody (private practice) \*
- Free Wi-Fi internet access.
- An enclosed garden/patio area.
- Door to door transport funded by Brandon Community Association.
- Help with arranging medical appointments or finding support groups to help with your everyday needs.
- A monthly newsletter.



*"Coming to the day centre means everything to me. I enjoy seeing my friends and it gives my wife a well-earned break knowing I am safe and happy."*

**Patrick**

\* By appointment, subject to availability