

## Our aspirations for the Centre

We have aspirations to grow and develop the Brandon facility into a vibrant community space that people can be proud of. We will be working with staff, partners, supporters and the local community to explore different ways to expand and improve the range of services we offer in the future to make the Centre a valuable resource for the people of Brandon and the wider community.

## Contact us

If you would like more information about the services we offer at the Brandon Day Centre, or if you, a relative or a friend would like to attend the Centre and use the facilities we have on offer, why not pop in for a chat, or give us a call. We would love to hear from you.

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Empanda Care & Support Ltd CIC is a limited company regulated by The Office of the Regulator of Community Interest Companies Registration Number: 9959609



# Brandon Day Centre



## Welcome to Brandon Day Centre

Located close to the Town Centre of Brandon in Suffolk. The Brandon Day Centre is a purpose-built facility, funded by the local community.

At the Brandon Day Centre, we support older people and those with physical and mental health needs with enjoyable, therapeutic day care within a safe, secure environment.

Facilities include a spacious lounge/activity room with tea and coffee making area, dining room and fully equipped kitchen, hairdressing salon, assisted bathroom and meeting facilities.

Our team of professional care staff are fully trained in care and support provision.

Our day centre clients' committee decide how amenity funds are spent, for example, for trips, outside entertainment or new equipment.

## Providing independence with care

- We will treat you as an individual.
- We will enable you to keep your independence and maintain your dignity.
- If you'd like to meet new people, take part in activities, enjoy a hot lunch, learn new skills and reminisce about old times, then join us at the Centre.

*"I'm almost housebound and look forward to coming to have a bath, chat, and entertainment. It helps me to keep my mind off my problems."*

*Ellen*

## What you can expect from the service

We offer a variety of packages, so whether you would like to spend a whole or half day with us, join us for lunch, or come in and enjoy a nice, relaxing bath specially designed for people who find it difficult to manage on their own, there's bound to be something to suit your needs.

## Sample daytime programme

Opening times: Monday to Friday 10.00am – 4.00 pm

- A warm and friendly welcome followed by coffee and biscuits.
- A choice of activities.
- A varied hot lunch and sweet, with provision for special dietary requirements.
- Quiet time to relax and reflect.
- Exercises and afternoon activities.
- Tea and biscuits.

*"I come out to see and talk to people, which makes me feel good. Carers are such nice people to talk to."*

*Anne*

## Services and facilities available

- Assisted bathing with hoists.
- A hot lunch.
- Entertainment.
- Therapeutic and social activities.
- Hairdressing
- Chiropody \*
- Internet access.
- An enclosed garden/patio area.
- Door to door transport funded by Brandon Community Association.
- Help with arranging medical appointments or finding support groups to help with your everyday needs.
- A monthly newsletter.

*"I come to the day centre for various activities – crosswords, puzzles, arts and crafts and lots more. Carers are happy and cheerful and help me. Nothing is too much trouble for them."*

*Marion*

\* *Planned services*